

# Gluten Free MAIN BOARD MENU

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Available 12.00 noon to 3.00pm and 6.00pm to 9.00pm

#### **STARTERS**

Homemade Marinated Olives, Crusty Gluten Free Bread (ideal for two) £5.50

Homemade Soup of the Day with Gluten Free Bread £7.95

Chicken Liver Pate, Red Onion Marmalade and Toast £8.95

Seafood Mornay, Poached Salmon, Cod & Prawns in a Light Cheese Sauce with Gluten Free Bread £11.95 / £17.95

Peppered Smoked Salmon, Prawn Salad, Dressed Mixed Leaves with Gluten Free Granary Bread & Butter £9.95 / £16.95

Baked Mini Camembert served a with Red Onion Marmalade, Gluten Free Bread £10.95
Sautéed Mushrooms & Smoked Bacon in a Garlic and Cream Sauce, Gluten Free Bread £8.95
Walnut tree salad, marinated olives, crushed walnuts, beetroot and toasted goats' cheese with a honey
and mustard dressing £9.50

#### **MAINS**

Slow Cooked Belly of Pork, Caramelised Onion, Crackling, Dauphinoise Potatoes, Jus £18.95
Char Grilled Medallions of Prime Fillet, Peppercorn Sauce £27.95
Confit of Duck Leg, Braised Red Cabbage, Dauphinoise Potatoes, Thyme Jus £18.95
Boeuf Bourguignon, Feather Blade of Beef cooked in Red Wine with Smoked Bacon, Roasted Shallots and
Mushrooms served with a Creamy Mash Potato £18.95

Roasted Fillet of Salmon, on a Bed of Mediterranean Vegetables, Sun Blushed Tomatoes Tapenade & Olive £18.95

Oven baked Cod Fillet, Thai Red Curry Sauce, Asian Slaw £18.95

Fillet of Seabass, garlic herb and prawn butter £18.95

Pan Fried Chicken Breast with Wild Mushrooms in a White Wine and Tarragon Cream Sauce £17.95

Slow cooked Shank of Lamb, Marinated in a Garlic & Rosemary Jus £25.50

(Served with a choice of seasonal vegetables, new potatoes, or salad)

Smokey mixed bean and vegetable chilli with basmati rice £15.50

### A choice from our DESSERTS MENU

Tel: 01243 785881

Email: info@walnuttreepub.co.uk

Some dishes may contain Nuts. Please let us know if you have any Allergies. Gluten Free GF\* = cooked in fryer that may contain Gluten