

Gluten Free MAIN BOARD MENU

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Available 12.00 noon to 2.30pm and 6.00pm to 9.00pm

STARTERS

Homemade Marinated Olives, Crusty Gluten Free Bread (ideal for two) £4.50

Homemade Soup of the Day with Gluten Free Bread £6.95

Roasted King Prawns in a Garlic, Chilli and Herb Butter, served with Gluten Free Bread £9.95

Crispy Halloumi Fries, Dressed Mixed Leaves, Sweet Chili Dipping Sauce £6.95 GF*

Seafood Mornay, Poached Salmon, Cod & Prawns in a Light Cheese Sauce with Gluten Free Bread £9.95 / £16.95

Peppered Smoked Salmon, Prawn Salad, Dressed Mixed Leaves with Gluten Free Granary Bread & Butter £8.95 / £15.95

Baked Mini Camembert served a with Red Onion Marmalade, Gluten Free Bread £9.95
Sautéed Mushrooms & Smoked Bacon in a Garlic and Cream Sauce, Gluten Free Bread £7.95
Walnut tree salad, marinated olives, crushed walnuts, beetroot and toasted goats' cheese with a honey
and mustard dressing £8.95

MAINS

Slow Cooked Belly of Pork, Caramelised Onion, Crackling, Dauphinoise Potatoes, Jus £17.95
Char Grilled Medallions of Prime Fillet, Peppercorn Sauce £24.95
Confit of Duck Leg, Braised Red Cabbage, Dauphinoise Potatoes, Thyme Jus £18.50
Boeuf Bourguignon, Feather Blade of Beef cooked in Red Wine with Smoked Bacon, Roasted Shallots and Mushrooms served with a Creamy Mash Potato £16.95

Roasted Fillet of Salmon, on a Bed of Mediterranean Vegetables, Sun Blushed Tomatoes Tapenade & Olive £17.95

Fillet of Seabass, garlic herb and prawn butter £17.95

Roasted chicken breast wrapped in smoked bacon, with a wild mushroom sauce £16.95

Slow cooked Shank of Lamb, Marinated in a Garlic & Rosemary Jus £22.95

(Served with a choice of seasonal vegetables, new potatoes, chips GF* or salad)

Cod Loin, Chunky Chips, Mushy Peas, Homemade Tartare Sauce £15.95 GF*

Smokey mixed bean and vegetable chilli with basmati rice £13.50

GF* Cooked in a fryer that may contain traces of gluten.

A choice from our DESSERTS MENU

Tel: 01243 785881

Email: info@walnuttreepub.co.uk

Some dishes may contain Nuts. Please let us know if you have any Allergies. Gluten Free GF* = cooked in fryer that may contain Gluten